

BUMPKIN MENU ALLERGENS

Starters	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Bumpkin Bread	x														wheat
Butter							x								
Olive Oil/Balsamic												x			vinegar
Soup of the day							x		x						celery from vegetable broth, butter and cream
Chicken parfait			x	x			x					x			port, egg yolk, butter
Brioche	x		x				x								from wheat, egg, yeast, butter
Red onion jam												x			Vinegar
Baby Back Ribs	x								x			x			
Cured Salmon	x			x			x			x		x			salmon, mustard seed, vinegar, cream, crispy bread, vodka
Beetroot Tatin	x		x				x					x			balsamic vinegar, wheat gluten, egg, flour, bread crumbs, goats cheese
Whitebait	x			x											Wheat Flour
Tartare Sauce			x							x		x			egg, mustard, vinegar
Firebread	x						x		x			x			wheat flour, semolina flour, tomato, cheese
Mains	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Rib-eye steak															
Chicken parfait															
Lamb															
Baby Back Ribs	x								x			x			
Sausage and mash	x						x		x	x		x			celery, mustard, cream butter, WHEAT (onions ring only)
Duck Leg							x		x			x			vinegar, tomato paste, red wine, butter, cream
Sea bass				x			x		x			x			seabass, butter, celery, red wine
Fish & Chips	x			x								x			wheat flour, beer
Crushed peas							x								butter
Tartare Sauce			x							x		x			egg, mustard, vinegar
Butternut Squash							x	x							pine nut, goat's cheese
Risotto	x						x		x			x			pearl barley, white wine, celery, Cream, butter, sussex charmer
Pie of the day	x		x						x			x			wheat flour, beer, wine, tomato paste, egg
Burger	x		x				x		x	x		x			wheat flour, egg, butter, milk, Tomato paste, celery
Side Orders	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Mash							x								Cream and butter
Chips/Sweet potato fries	x			x											use same fryer as fish & chips
Mac n' Cheese	x						x			x					milk, wheat, gluten, butter, mustard
Black Cabbage							x								butter
Salad										x		x			mustard, vinegar
Spinach							x								butter
Puddings	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Crème brulee			x				x					x			egg, milk, cream
Sticky Toffee Pudding	x		x				x					x			wheat gluten, egg, butter, milk, cream
Lemon Tart	x		x				x								wheat flour, butter, egg
Apple Charlotte	x					x	x					x			wheat gluten, soya flour, butter, raisin, rum
Ice cream			x				x								egg, milk, cream,
Sorbet												x			fruit puree
Cheese							x								cow milk, goat, ewe
Chutney										x		x			raisin, vinegar, mustard seed
Crackers	x		x			x	x	x			x				wheat flour, gluten, egg, soya flour,
Sauce	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Peppercorn							x		x			x			cream, butter, red wine, celery, tomato paste
Mushroom							x		x			x			cream, butter, red wine, celery, tomato paste
Red Wine									x			x			red wine, tomato paste
Gravy	x		x				x		x			x			red wine, tomato paste, gravy powder with wheat gluten
Nibbles	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Nuts					x			x				x			peanut, cashew, walnut, hazelnut
Olives												x			olive and herbs
Bread	x							x				x			wheat flour, rye flour, raisin, walnut, olive
Sunday Menu	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Half Roast Chicken, Garlic Bread Sauce	x		x				x		x	x					
Middle White Pork, Apple Sauce	x		x				x		x	x		x			
Sirloin, Horseradish Sauce	x		x				x		x	x		x			
Mini Roast	x		x				x		x	x		x			
Little Bumpkins	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	
Grilled Chicken Breast, Mash or Chips	*chips						x								
Mini firebread	x		x	x			x					x	x		
Battered Fish Fingers & Chips	x		x	x			x					x	x		
Macaroni Cheese	x		x	x			x			x		x	x		

ALTHOUGH EVERY ATTEMPT HAS BEEN MADE TO ENSURE THERE HAS BEEN NO CROSS CONTAMINATION OF ALLERGENS, NEITHER OUR SUPPLIERS OR OURSELVES CAN GUARANTEE 100% THAT NON HAS OCCURRED