

**BUMPKIN MENU ALLERGENS**

X INDICATES PRESENCE OF ALLERGEN

Sharers / Starters	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	Vegetarian	Vegan
Bumpkin Bread	x		x				x		*on side			x			x	x
Tomato and yarg fire bread	x			x			x					x			x	
Mixed roasted nuts				x				x	x	x		x				
Oysters												x		x		
North Alantic prawns		x	x							x		x		x		
Mixed platter		x	x									x		x		
Musels in white wine	x						x			x		x		x		
Whitebait	x		x	x						x		x				
Crispy squid	x		x	x						x		x				
Gin cured salmon	x			x			x			x		x				
Deviled chicken livers	x		x	x			x		x	x		x				
Warm mushroom tart	x		x				x					x				
Bean broth	x		x				x		x			x			x	
Beetroot salad							x	x		x		x			x	
<b>Salads</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
Chopped salad			x					x		x		x			X	
Roasted veg/ lentil salad							x			x		x			X	
Tuna salad				x		x		x (dressing)			x	x				
<b>Mains</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
De boned Chicken							x	x		x						
Haddock and braised leeks				x			x					x				
Classic Fish & Chips	x		x	x						x		x				
Pork chop												x				
Lamb hotpot	x			x			x		x	x		x				
veal pie	x		x	x			x		x			x				
beef burger	x		x	x			x			x		x				
28 day steak																
<b>Side Orders</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
Mash							x									
Cabbage and carrot slaw							x	x		x		x			X	
Potato bake							x								X	
Garden Salad										x		x			X	
Buble and squeak	x						x								X	
Mac n' Cheese	x		x	x			x			x		x			X	
Green beans																
<b>Puddings</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
Rhubarb cake	x		x				x					x			X	
Sticky Toffee Pudding	x		x				x								X	
Treacle Tart	x		x				x								X	
Chocolate Cake	x		x		x	x	x								X	
Cheese selction	x						x					x			X	
Ice Cream	x		x				x					x			X	
<b>Sunday Menu</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
Half Roast Chicken, Garlic Bread Sauce	x		x				x		x	x						
Middle White Pork, Apple Sauce	x		x				x		x	x		x				
Sirloin, Horseradish Sauce	x		x				x		x	x		x				
Mini Roast	x		x				x		x	x						
<b>Little Bumpkins</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
Grilled Chicken Breast, Mash or Chips							x									
Mini Beef Burger, Chips	x		x				x					x				
Battered Fish Fingers & Chips	x			x								x				
Macaroni Cheese	x			x			x									
<b>Cocktails</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
Bumpkin Bloody Mary	x			x								x				
London Ice Tea	x															
Spiced Winter Fruit Mojito																
English Garden																
<b>Sipsmiths Royal</b>																
Espresso Martini	x															
Apple Crumble			x					x								
<b>Mocktails</b>	<b>Gluten</b>	<b>Crustacean</b>	<b>Egg</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Soy Beans</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sesame</b>	<b>Sulphur Dioxide</b>	<b>Lupin</b>	<b>Molluscs</b>	<b>Vegetarian</b>	<b>Vegan</b>
Cherry Iced Tea																
Lemon, Mint, Apple																
Virgin Mary																

ALTHOUGH EVERY ATTEMPT HAS BEEN MADE TO ENSURE THERE HAS BEEN NO CROSS CONTAMINATION OF ALLERGENS, NEITHER OUR SUPPLIERS OR OURSELVES CAN GUARANTEE 100% THAT NON HAS OCCURRED