BUMPKIN MENU ALLERGENS

X INDICATES PRESENCE OF ALLERGEN

Starters	Gluten	Crustacean	Egg	Fish	Peanuts	Soy Beans	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs	Vegetarian	Vegan
Bumpkin sourdough loaf	x		x				x					x	x		x	
Cornish Yarg and tomato fire bread	x		x	x			x					x	x		x	
House roasted nuts				x				x	x	x		x				
Scottish scallops	x	x		x			x					x	x	x		
Dressed crab		x	x	x			x			x		x		x		
Whitebait	x	x	x	x			x			x		x	x	x		
Crispy squid	x	x	x	x			x			x		x	x	x		
Chicken liver pate	x		x				x					x	x			
Baby back ribs				x					x			x				
Buffalo mozzarella with avocado							x			x		x			x	
Salads	**Gluten**	**Crustacean**	**Egg**	**Fish**	**Peanuts**	**Soy Beans**	**Dairy**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**	**Vegetarian**	**Vegan**
Chopped salad			x				x	x		x		x			x	
Salmon and poached egg salad			x	x			x			x		x				
Smoked duck breast salad	x						x					x	x			
Goats' cheese and beetroot salad							x					x			x	
Chicken Caesar salad	x		x	x			x			x		x	x			
Mains	**Gluten**	**Crustacean**	**Egg**	**Fish**	**Peanuts**	**Soy Beans**	**Dairy**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**	**Vegetarian**	**Vegan**
Free-range grilled chicken	*chips						x	x				x				
Grilled lamb rump	*gravy			x			x			x		x				
Cod and chips	x			x			x			x		x	x	x		
Pork chop												x				
Pearl barley risotto with peas and mushrooms	x						x		x			x			x	
Sea trout				x			x			x		x		x		
Beef burger	x		x	x			x			x		x	x			
28-day dry-aged ribeye steak	*chips															
Side Orders	**Gluten**	**Crustacean**	**Egg**	**Fish**	**Peanuts**	**Soy Beans**	**Dairy**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**	**Vegetarian**	**Vegan**
Mash							x								x	
Hand-cut skinny fries / sweet potato fries	x														x	
Herbed new potatoes							x								x	
Baby salad leaves										x		x			x	x
Macaroni cheese	x		x	x			x			x		x	x		x	
Heritage tomato and avocado salad												x			x	x
Tender-stem broccoli with toasted almonds								x							x	x
Steamed sugar snap peas							x								x	
Puddings	**Gluten**	**Crustacean**	**Egg**	**Fish**	**Peanuts**	**Soy Beans**	**Dairy**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**	**Vegetarian**	**Vegan**
Eton Mess with strawberries			x				x								x	
Sticky toffee pudding	x		x				x	*trace in ice cream					x		x	
Seasonal berries							x								x	x
Hot chocolate fondant	x		x			x	x						x		x	
Selection of British cheeses	x						x					x			x	
Ice cream	x		x			x	x	*traces				x			x	
Sunday Menu	**Gluten**	**Crustacean**	**Egg**	**Fish**	**Peanuts**	**Soy Beans**	**Dairy**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**	**Vegetarian**	**Vegan**
Roast Chicken with garlic bread sauce	x		x				x		x	x						
Middle white pork with apple sauce	x		x				x		x	x		x				
Sirloin with horseradish sauce	x		x				x		x	x		x				
Mini roast	x		x				x		x	x		x				
Little Bumpkins	**Gluten**	**Crustacean**	**Egg**	**Fish**	**Peanuts**	**Soy Beans**	**Dairy**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**	**Vegetarian**	**Vegan**
Grilled chicken breast, mash or chips	*chips						x									
Mini fire bread	x		x	x			x					x	x		x	
Battered fish goujons with peas and chips	x			x			x					x	x			
Macaroni cheese	x		x	x			x			x		x	x		x	

ALTHOUGH EVERY ATTEMPT HAS BEEN MADE TO ENSURE THERE HAS BEEN NO CROSS CONTAMINATION OF ALLERGENS, NEITHER BUMPKIN NOR OUR SUPPLIERS CAN GUARANTEE 100% THAT NONE HAS OCCURRED